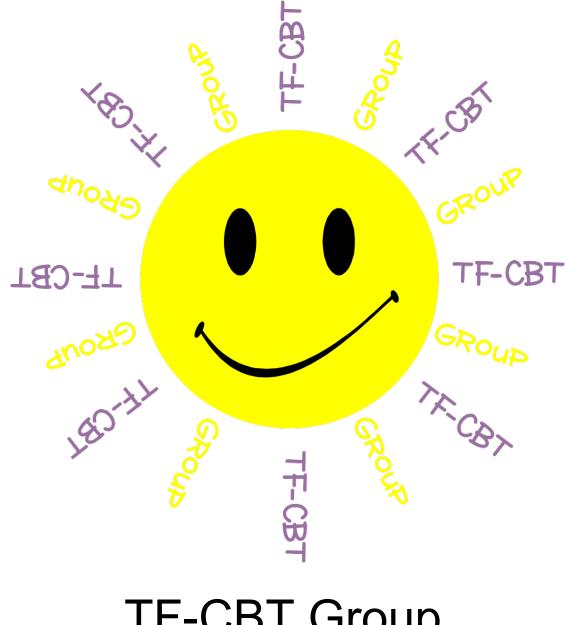
OUHSC Child Trauma Services Program



TF-CBT Group Curriculum





TF-CBT Group Session 7: *Rules, Rewards, Consequences*

Rationale

This session will serve to continue to prepare caregivers for conjoint sharing of their child's trauma narrative. Caregivers will also learn additional behavior management strategies.

Caregiver Objectives

1. Caregivers will learn ways to encourage positive child behaviors, specifically through developmentally appropriate rules and effective consequences and rewards.

Materials

- Behavior Charts and How-Tos
- Labeled Praise Handout
- Responding to Child Behavior
- Rewards and Consequences Menu
- Rewards and Consequences Planning



 Welcome the caregivers to session 7. Remind caregivers of the group logistics. This is the seventh and final caregiver group session Remind caregivers that there will be no combined group. Caregivers will join their children in individual/family sessions next week. Review contact therapist assignments as needed. TN Conjoint Preparation Time 15 minutes Lead Therapist Remind caregivers of children's work with their therapists on "telling their story." Reiterate the importance of supporting children between sessions, coaching their use of their coping skills and redirecting challenging behaviors. Complete a brief check-in related to caregivers' continued thoughts and feelings regarding gradual exposure. Consider checking in with caregivers regarding their child's behavior since beginning this phase of therapy. 		Group Check-In	Caregive	Time	5 minutes	Lead Therapist	
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