

Behavior Management Planning Worksheet

1. What is the problem behavior?



2. What is the opposite of the problem behavior?



3. Write the rule positively using the answer from #2.



4. What reward will the child get if the rule is followed?



5. What consequence will the child get if the rule is not followed?



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|---|------------------------------|-----------------------------|
| Is the rule enforceable 100% of the time? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Is what you want the child to do stated very clearly? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Is the rule specific? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |
| Are there any loopholes? | <input type="checkbox"/> Yes | <input type="checkbox"/> No |

***If you answered "no" to any of the above questions,
then rewrite the rule so you can answer "yes" to these questions.***