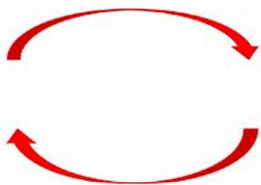


# Did you know that our feelings and thoughts are connected?



**Feel**



**Think**

Here are some examples:



I think these cookies  
are for me... I feel  
happy!



I think the spider  
might bite me... I feel  
scared!



What might these  
children be thinking  
and feeling?

