

Antecedents	Behaviors	Consequences
<p>To caregiver:            What happened before?            What led up to it?            Any triggers (recent, immediately)?            Describe the overall climate/environment (physical and emotional)                Stress, structure, routines, changes                Relationship/connection time (any positivity)</p>	<p>I want to learn all about the behavior (frequency, duration, intensity).            Paint the picture for me. Help me understand it as if I was there.            While your child is engaging in the behavior, what are you doing?            Saying? Feeling? What's your tone of voice? What is running through your head?</p>	<p>To caregiver:  <u>After the behavior(s)</u>, what happened? What did you do? What did you say? What was his/her reaction? How did you feel? What were you thinking? Then what did you do? What happened next? Any praising, ignoring, consequences, or punishment?</p>

To Child:  
Right before: What was going on? How were you feeling? Thinking?

To Child:  
After X situation (behavior(s)), what happened? What did mom/dad do? How did you feel? What were you thinking?