



Amanda Mitten, M.A., is a Licensed Professional Counselor at the University of Oklahoma Health Sciences Center, Center on Child Abuse and Neglect. Ms. Mitten received her Master of Arts in Counseling Psychology from the University of Central Oklahoma in 2014. Her clinical experiences include evidence-based interventions for children with disruptive behavior disorders, posttraumatic stress disorder and other trauma-related disorders, children with problematic sexual behavior, and assessment of children prenatally exposed to drugs and alcohol. Ms. Mitten also serves as the program coordinator for CCAN's Child Trauma Services Program (CTSP).

Ms. Mitten is a nationally certified therapist in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), an evidence-based treatment for children and adolescents impacted by trauma and their parents or caregivers; and she is a certified therapist and Level 1 trainer in Parent-Child Interaction Therapy (PCIT), an evidence-based treatment for young children with disruptive behavior disorders. Ms. Mitten is also a trainer in a skills-based model for managing secondary traumatic stress, Components for Enhancing Clinician Experience and Reducing Trauma (CE-CERT).

Ms. Mitten is a master trainer in the University of Oklahoma Problematic Sexual Behavior – Cognitive Behavioral Therapy (PSB-CBT) model, in which she provides national training and consultation in the PSB-CBT school age model, assists with the initial assessment of needs and design a training plan to facilitate teams use of the evidence-based program, collaborative care, and engagement of stakeholders. Ms. Mitten also collaborated with national TF-CBT trainers to develop an advanced training in TF-CBT that will include adaptations for work with children with problematic sexual behavior. Additionally, she played a role in reviewing and advising on the Foster Parent College.com training series on children with problematic sexual behavior.

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