Think-Feel-Do

Every day this week, write down one 'think-feel-do' for yourself

what Happened: My brother beatme to the TV & turned on his show.	Not Fair! I don't Want to watch	So I feel:	What I Do: Grab the remote From him
What Happened: I got an A on my Spelling test.	His show. I think: I did <u>so</u> good!!	solfeel: Proud happy	what I Do: Show my test to my mom
What Happened:	I Think:	So I feel:	What I Do:

