Behavior Management Planning Worksheet

1.	What is the problem behavior?	
2.	What is the opposite of the problem behavior?	
3.	Write the rule positively using the answer from #2.	
4.	What reward will the child get if the rule is followed	d?
5.	What consequence will the child get if the rule is n	ot followed?
ls t	the rule enforceable 100% of the time?	☐ Yes ☐ No
Is what you want the child to do stated very clearly? $\ \ \ \ \ \ \ \ \ \ \ \ \ $		
Is the rule specific?		☐ Yes ☐ No
Are	e there any loopholes?	☐ Yes ☐ No
If you answered "no" to any of the above questions, then rewrite the rule so you can answer "yes" to these questions.		