

# Advanced TF-CBT Conference

*The May 8th and 9th Advanced Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) Conference will offer various interactive workshops by several presenters on topics related to the application of TF-CBT.*

*Credit: Lori Duckworth/Oklahoma Tourism*

## **Conference Description:**

The Advanced TF-CBT two-day conference provides therapists with extended training in the application of TF-CBT. The conference is designed for therapists who previously completed a two-day introductory TF-CBT training and are actively implementing the model in their therapeutic work. Various interactive workshops by multiple presenters will be offered. Participants will have the opportunity to select sessions meeting their specific therapeutic interests.

## **Training Prerequisites:**

1. Master's level therapist or higher
2. Licensed or under licensure supervision
3. Completion of TF-CBT Web
4. Completion of 2-day Introductory TF-CBT training

## **Keynote Speaker:**



**Esther Deblinger, Ph.D.** is the co-founder and co-director of the Child Abuse Research Education and Service (CARES) Institute and a Professor of Psychiatry at the School of Osteopathic Medicine in Stratford, New Jersey.

Dr. Deblinger has received funding to support research on the impact and treatment of child sexual abuse as well as other trauma(s) through grants from the Foundation of UMDNJ, the National Center on Child Abuse and Neglect and the National Institute of Mental Health. She and her collaborators, Drs. Judith Cohen and Anthony Mannarino, developed and extensively tested Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), a treatment program that has evolved as the standard of care for children and families facing trauma. Dr. Deblinger also collaborated with Dr. Melissa Runyon in developing and evaluating another evidence-based treatment approach, Combined Parent Child Cognitive Behavioral Therapy, designed for parents at risk for child physical abuse and their children.

Dr. Deblinger has co-authored numerous scientific publications and several widely acclaimed professional books on the treatment of child sexual abuse, physical abuse and other childhood traumas as well as several children's books. Her work over the past 25 years has been recognized with awards from Woman's Day magazine, the state of New Jersey's Office of the Child Advocate, the New Jersey General Assembly and the American Professional Society on the Abuse of Children (APSAC).

Dr. Deblinger has served two terms on the Board of APSAC; she is a founding fellow of the Academy of Cognitive Therapy and she remains an active clinician, trainer and researcher.



*Lori Duckworth/Oklahoma Tourism*

**To register [Click here](#)**

## Presenters:

### Susan Schmidt, PhD

Associate Professor  
The University of Oklahoma Health Science Center  
National TF-CBT Trainer Network Member

### Elizabeth Risch, PhD

Assistant Professor  
The University of Oklahoma Health Science Center

### Dolores Subia BigFoot, PhD

Associate Professor  
The University of Oklahoma Health Science Center  
National TF-CBT Trainer Network Member

### Michael Gomez, PhD

Assistant Professor  
The University of Oklahoma Health Science Center

### Roy Van Tassell, MS, LPC

Director, Trauma and Evidenced Based Intervention  
Cenpatico  
National TF-CBT Trainer Network Member

### Jane Silovsky, PhD

Professor  
The University of Oklahoma Health Science Center

### Debra Hecht, PhD

Associate Professor  
The University of Oklahoma Health Science Center

### Keri Pierce, LCSW

Sponsored Programs Coordinator

### Elizabeth Bard, PhD

Assistant Professor  
The University of Oklahoma Health Science Center

### Carisa Wilsie, PhD

Assistant Professor  
The University of Oklahoma Health Science Center

### Saba Shahid, PhD.

Postdoctoral Fellow  
The University of Oklahoma Health Science Center

### Christopher Campbell, PhD

Postdoctoral Fellow  
The University of Oklahoma Health Science Center

### Brandi Kowing, MCP, LPC

Clinical Supervisor  
Northwest Treatment Center



Photo Credit: Lisha Newman/Oklahoma Tourism

## Location:

**The University of Oklahoma  
Health Sciences Center  
Nicholson Tower Conference Center  
5th Floor | 940 NE 13th Street  
Oklahoma City, OK 73117**

## Accommodations:



### Sheraton Oklahoma City Hotel

1 N Broadway Ave, Oklahoma City • (405) 235-2780



### Courtyard Oklahoma City Downtown

2 W Reno Ave, Oklahoma City • (405) 232-2290

The deadline for making reservations within your block is Monday, April 7th, 2014. Please ensure all needed reservations are made prior to that date.

Single King: ..... Rate \$129

Double Queen: ..... Rate \$129

Book your group rate: OUHSC-TFCBT

Guests may also make reservations via our toll-free number at 800-217-9905, using the rate code **OUHR**.



### Residence Inn Oklahoma City Downtown/Bricktown

400 E Reno Ave, Oklahoma City • (405) 601-1700

The deadline for making reservations within your block is Monday, April 7th, 2014. Please ensure all needed reservations are made prior to that date.

Single King: ..... Rate \$149

Double Queen: ..... Rate \$149

Book your group rate: OUHSC-TFCBT

Your guests may also make reservations via our toll-free number at 800-217-9905, using the rate code **TFCS**.



### Hampton Inn and Suites Oklahoma City-Bricktown

300 E Sheridan Ave, Oklahoma City • (405) 232-3600



### Renaissance Oklahoma City Convention Center Hotel

10 N Broadway Ave, Oklahoma City • (405) 228-8000



## Registration Information:

Registration is available on the Oklahoma TF-CBT website at: [oklahomatfcbt.org](http://oklahomatfcbt.org)

Conference registration includes:

- » Attendance at 2-day conference
- » 12.25 CEUs
- » USB drive with conference session materials
- » Oklahoma TF-CBT conference web page access with downloadable conference materials
- » Conference bag
- » Continental breakfast and lunch
- » Thursday evening rooftop reception
- » OUHSC visitors garage parking



Lisha Newman/Oklahoma Tourism

TF-CBT trained therapists from ODMHSAS contracted agencies providing child trauma services are invited to attend at no cost.

Additionally, therapists involved in the following OKDHS TF-CBT training groups may attend at no cost: **February 19-21 and April 2-4, 2014.**

For other TF-CBT therapists interested in attending training, **the early bird cost is \$150.00 (\$75 per day) until April 16, 2014.** Registration after April 16, 2014 is \$200.00 (\$100 per day).

***To register Click here***

must be logged in to register



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## Special Conference Offerings:

### Thursday Evening Rooftop Garden Reception

Conference participants are invited to attend a Thursday evening rooftop reception located at the OUHSC Children's Hospital. Please mark your calendars to join us in the Samis Center Rooftop Garden on Thursday, May 8th from 5 to 7pm for complimentary hors d'oeuvres.

### TF-CBT Supervisor Session

A special TF-CBT supervisor session will be offered from 1:00-2:30pm on Thursday, May 8th for professionals who are providing direct clinical supervision in TF-CBT within your agency. Space is limited as this session will be held in the ODMHSAS building within walking distance of the conference location. The opportunity for ODMHSAS agency sites to join this session through video conference will also be made available for supervisors unable to attend in person.

### TF-CBT Administrator Session

A special session will be offered from 2:45 to 4:15pm on Thursday, May 8th for agency administrators who are actively involved in the integration of TF-CBT into your agency's service array. Space is limited as this session will be held in the ODMHSAS building within walking distance of the conference location. The opportunity for ODMHSAS agency sites to join this session through video conference will also be made available for administrators unable to attend in person.

### Advanced TF-CBT Therapist Professional Development Session

A special session will be held from 10:30-12 on Friday, May 9th for therapists who have completed all TF-CBT training and consultation requirements. This session will focus on ideas for evolving as a TF-CBT therapist and preparation for national TF-CBT certification. Prerequisite for attendance at this session includes:

- » Completion of 12 TF-CBT consultation calls, including submission of final case completion tracking forms to OUHSC.

# Advanced TF-CBT Agenda

Thursday, May 8th

Time	Room	Activity	
8:00 – 9:00	Auditorium	Registration & Continental Breakfast	
9:00 – 9:15	Auditorium	Welcome and Introductions	
9:15 - 10:15	<b>Plenary Session</b>		<b>Presenter</b>
	AUD	The development of TF-CBT: My personal and professional narrative	Esther Deblinger, PhD
10:15-10:30	<i>Break</i>		
10:30-12:00	<b>Plenary Session</b>		<b>Presenter</b>
	AUD	Bringing the fun into TF-CBT	Esther Deblinger, PhD
12:00-1:00	<i>Lunch</i>		
1:00 -2:30	<b>Individual Workshops</b>		<b>Presenter(s)</b>
	Off-Site	<b><u>Special Invitation Only</u></b> Supervision of TF-CBT	Esther Deblinger
			Susan Schmidt      Elizabeth Risch
	A	Legal and Ethical Issues in TF-CBT – Part 1	Carisa Wilsie      Debra Hecht
	B	Trauma Narrative Part 1: Starting the Trauma Narrative (MUST ATTEND PART 2 TODAY)	Roy Van Tassell      Saba Shahid
C	Advanced Cognitive Processing Techniques	Michael Gomez      Christopher Campbell	
2:30-2:45	<i>Break</i>		
2:45-4:15	<b>Individual Workshops</b>		<b>Presenter(s)</b>
	Off-Site	<b><u>Special Invitation Only</u></b> TF-CBT implementation: Supporting the integration of TF-CBT into agency practice	Esther Deblinger
			Susan Schmidt      Elizabeth Risch
	A	Legal and Ethical Issues in TF-CBT – Part 2	Carisa Wilsie      Debra Hecht
	B	Trauma Narrative Part 2: Conducting Gradual Exposure and completing the Trauma Narrative (MUST HAVE ATTENDED PART 1 TODAY)	Roy Van Tassell      Michael Gomez
C	Strategies for addressing parenting in TF-CBT – Part 1: Children	Elizabeth Bard      Saba Shahid	
4:15	<i>End of Day 1 Sessions</i>		
5:00-7:00	Rooftop reception OU Children's Hospital Samis Conference Center Rooftop Garden		

# Friday, May 9th

Time	Room	Activity	
8:30-9:00	Auditorium	Registration & Continental Breakfast	
9:00-10:15	<b>Plenary Session</b>		<b>Presenter</b>
	AUD	The application of TF-CBT in challenging child sexual abuse cases	Esther Deblinger
10:15-10:30	<i>Break</i>		
10:30-12:00	<b>Individual Workshops</b>		<b>Presenter(s)</b>
	AUD	<u><b>Special Invitation Only</b></u> TF-CBT Certification and Beyond: Evolving as a TF-CBT therapist	Esther Deblinger
	A	Trauma Narrative Part 1: Starting the Trauma Narrative (MUST ATTEND PART 2 TODAY)	Susan Schmidt Elizabeth Risch
	B	Advanced Cognitive Processing Techniques	Roy Van Tassell Saba Shahid
	C	Addressing sexuality and sexual behavior problems in the TF-CBT model across the developmental spectrum – Part 1: Children	Michael Gomez Christopher Cambell
			Jane Silovsky
12:00-1:00	<i>Lunch</i>		
1:00-2:30	<b>Individual Workshops</b>		<b>Presenter(s)</b>
	AUD	Play applications in TF-CBT	Brandi Kowing
	A	Trauma Narrative Part 2: Conducting Gradual Exposure and completing the Trauma Narrative (MUST HAVE ATTENDED PART 1 TODAY)	Roy Van Tassell Michael Gomez
	B	Strategies for addressing parenting in TF-CBT (repeat)	Elizabeth Bard Saba Shahid
			Keri Pierce
2:30-2:45	<i>Break</i>		
2:45-3:45	<b>Individual Workshop</b>		<b>Presenter</b>
	AUD	Questions and Answers with Dr. Deblinger	Esther Deblinger
3:45-4:00	AUD	Wrap-Up and Evaluation	
4:15	<i>End of Day 2 Sessions</i>		



***Presented by:***

**University of Oklahoma Health Sciences Center  
Section on Developmental and Behavioral Pediatrics – Child Trauma Services Program**



***Co-Sponsors:***

**The Indian Country Child Trauma Center**

ICCTC was established to develop trauma-related treatment protocols, outreach materials, and service delivery guidelines specifically designed for American Indian and Alaska Native children and their families.



**Oklahoma Department of Mental Health and Substance Abuse Services**

The mission of the Oklahoma Department of Mental Health and Substance Abuse Services is to promote healthy communities and provide the highest quality care to enhance the well-being of all Oklahomans.



**Native American Children's Alliance**

NACA is committed to protecting Native children and eliminating children's physical, sexual, psychological and spiritual abuse by providing awareness, training, building partnerships in a respectful way which honors tribal sovereignty, empowers communities, and develops tribal readiness for Seven Generations.

