

Introduction to TF-CBT Training Videos

Belly Breathe – Sesame Street Song (2.5 min)

<https://www.youtube.com/watch?v=mZbzDOpylA>

Brain Builders – Trauma & Brain Development (4min)

<https://www.youtube.com/watch?v=23jDxNOdDCk>

Brene Brown - Empathy (3min)

<https://www.youtube.com/watch?v=1Evwgu369Jw>

RA Dickey: Wherever I Wind Up

<https://www.youtube.com/watch?v=6k57yPfh1c4>

Cooties... For enhancing safety component, communication (1.5min)

<https://www.youtube.com/watch?v=w6ylxWcwkUM>

My Body – animated child psychoed & abuse prevention (4min)

<https://www.youtube.com/watch?v=a-5mdt9YN6I>

I35 Bridge Collapse – News report describes TF-CBT, in vivo exposure (3.5min)

<https://www.youtube.com/watch?v=ZOS2qZ78j0E>

Kung Fu Panda – rationale for exposure (4.5min)

<https://www.youtube.com/watch?v=RqjIkkwMlnw>

Rosie Remembers Mommy – Forever in Her Heart

<https://www.nctsn.org/resources/rosie-remembers-mommy-forever-her-heart>