

Therapy Resources

[A Baby and Blue Book: Feelings](#)

[A Family That Fights](#)

[A Safe Place to Live](#)

[A Terrible Thing Happened \(hardback\)](#)

[A volcano in my tummy](#)

[After A Murder: A Workbook for Grieving Kids](#)

[After A Suicide: A Workbook for Grieving Kids](#)

[All About Adoption](#)

[Amazing You! Getting smart about your private parts \(A First Guide to Body Awareness for Preschoolers\)](#)

[An Exceptional Children's Guide to Touch](#)

[Be the Boss of Your Stress](#)

[Brave Bart](#)

[Bright spots game](#)

[Child sexual abuse-Primer for treating children, adolescents and parents](#)

[Cool, calm and confident](#)

[Defiant Children: A clinician's manual for assessment and parent training](#)

[Defiant Teens: A clinician's manual for assessment and family intervention](#)

[Divorce is not the end of the world](#)

[Don't Pick on Me](#)

[Double-Dip Feelings](#)

[Eli's Lie-O-Meter](#)

[Emotional Bingo](#)

[Emotions! Making Sense of Your Feeling](#)

[Families Change](#)

[Finding Sunshine After the Storm](#)

[Getting Ready for Court: Criminal Court Edition](#)

[Hair, There, and Everywhere](#)

[Hands are not for hitting](#)

[Healing Days: A guide for Kids who have experienced trauma](#)

[Helping families heal](#)

[How are you feeling?](#)

[How to Feel Good](#)

[How to say it to your kids](#)

[I'll Know What to Do](#)

[I'm not bad, I'm just mad](#)

[Jenny is Scared](#)

[Jessica and the wolf: A story for children who have bad dreams](#)

[Kids need to be safe](#)

[Learning Chips](#)

[Learning to listen, learning to care](#)

[Let's be friends](#)

Let's Talk about Taking Care of You

Let's Talk about Taking Care of You - small book

[Lots of Feelings](#)

[Mad dragon](#)

[Maybe Days: A book for children in foster care](#)

[Mind Over Basketball](#)

[Moody Cow meditates](#)

[My Anxious Mind](#)

[My body is private](#)

[My feeling better workbook](#)

[On Monday When it Rained](#)

[Once I Was Very Scared](#)

[Peaceful Piggy Yoga](#)

[Planting seed: Mindfulness with children](#)

[Please Tell!](#)

Real Life Hero

[Rewards for Kids: Ready to use charts and activities for positive parenting](#)

[Rewind: Teen Guy's Book for Dealing with Sexual Abuse](#)

[Scary Night Visitors: a Story for Children with Bedtime Fears](#)

[Sex & Babies: First Facts](#)

Silence

[Simon's Hook](#)

[Smart but scattered teens](#)

[Social success workbook for teens](#)

[Soda Pop Head](#)

[Soda Pop Head Activity and Idea Book](#)

[Somebody Cares: A Guide for Kids Who Have Experienced Neglect](#)

[Something is Wrong at My House](#)

[Sometimes I'm Scared](#)

[Space Invaders - A Game about Boundaries](#)

[Stress Can Really Get on Your Nerves](#)

[Take the Time - Mindfulness for Kids](#)

Taking Care of Me Workbook

[Taking charge of ADHD](#)

TF-CBT Adaptations Book

TF-CBT Applications book

[The Behavioral Survival Guide for Kids](#)

[The Invisible String](#)

[The Kissing Hand](#)

[The Kissing Hand \(Spanish\)](#)

[The Night My Dad Went to Jail](#)

[The PTSD Workbook for Teens](#)

[The Relaxation and Stress Reduction Workbook for Teens](#)

[The Relaxation and Stress Reduction Workbook for Kids](#)

[The Right Touch](#)

[The Social Skill Picture Book](#)

[The Social Success Workbook for Teens](#)

[The Struggle to be Strong](#)

[The Yoga Zoo Adventure](#)

Therapeutic Exercises for Children

Think-Feel-Do game

[Tiger-Tiger Is It True?](#)

[Too Old for This, Too Young for That!](#)

[Treating Sexually Abused Children and Their Nonoffending Parents](#)

[Treating Trauma and Traumatic Grief in Children and Adolescents](#)

[Understanding Children's Sexual Behaviors](#)

[Understanding Myself: A Child's Guide to Intense Emotion](#)

[Ungame](#)

What Do You Know Cards

[What to Do When You Dread Your Bed](#)

[What To Do When You Feel Too Shy](#)

[What to do When Your Brain Gets Stuck](#)

[When Dinosaurs Die: A guide to understanding death](#)

[When Fuzzy was Afraid of Big and Loud Things](#)

[When fuzzy was afraid of losing his mother](#)

When Something Feels Wrong

[Where Is My Mommy?](#)

[Why Are you So Scared?](#)

[Words Are Not for Hurting](#)

Yoga pretzels

[Your Defiant Child](#)

[Your Defiant Teen](#)