



Elizabeth Risch, Ph.D. is a Clinical Psychologist on faculty at the University of Oklahoma Health Sciences Center, Center on Child Abuse and Neglect. She graduated from the University of Tulsa Clinical Psychology doctoral program in 2008 and completed postdoctoral fellowships in both pediatric psychology and child maltreatment at OUHSC. Through her work with children and families affected by trauma, she has been amazed and inspired by the resiliency and recovery of families. As a TF-CBT therapist, she views her role as guiding families through the healing process, strengthening their relationships and teaching new skills, thus empowering families to continue growth beyond our work in therapy.

Since 2009, Dr. Risch has been providing training and consultation in assessment and treatment of trauma, which has been extremely rewarding. TF-CBT provides a vehicle for therapists to increase their confidence, skill, and ultimately effectiveness, in treating families exposed to trauma. Collaborating with agencies and providers to expand and improve mental health services for children with trauma is extremely rewarding. She is proud of the progress in Oklahoma to provide “trauma-informed” care and is excited to be a part of the continued work in this area.

Finally, and, most importantly, she is a mother to two adorable boys and spends most of her free time playing and being silly with them.

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