

Abuse

When a grown-up hits or hurts a kid with their body or with their words



When someone breaks a private parts rule



Neglect

When a kid does not have food and hugs and clothes and things kids need



Family Fighting

When grown-ups in the family hit each other, or yell, or hurt.



Moving to a new home

When kids have to move to a new home or leave their grown-ups or brothers and sisters.



Substance Abuse by a Family Member

When an adult in the family uses too much alcohol (like beer), uses more drugs than their doctor tells them to, or uses drugs that their doctor doesn't tell them to.



Losing a loved one

When someone you love leaves or dies



Other Traumas

When scary things happen with the weather



When scary things happen at school, in our community, or with our peers



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When someone has a scary doctor visit or surgery

