**Introduction to TF-CBT Training Videos**

Belly Breathe – Sesame Street Song (2.5 min)

<https://www.youtube.com/watch?v=_mZbzDOpylA>

Brain Builders – Trauma & Brain Development (4min)

<https://www.youtube.com/watch?v=23jDxNOdDCk>

Brene Brown - Empathy (3min)

<https://www.youtube.com/watch?v=1Evwgu369Jw>

RA Dickey: Wherever I Wind Up [https://www.youtube.com/watch?v=6k57yPfh1c4](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.youtube.com_watch-3Fv-3D6k57yPfh1c4&d=DwMFAg&c=VjzId-SM5S6aVB_cCGQ0d3uo9UfKByQ3sI6Audoy6dY&r=M4s46Dug4jxjcDJZzKmyiuHYETuJl51X-b7TMAWKMj4&m=Jx20mkTN0i4VMGXAgYYTlUBzREZ9T9g0aN2DpfulC4E&s=cCGicrHJ3FTLwfHwuzIbLzwXeOYFo8cP7zJuX49Y8Rg&e=)

Cooties… For enhancing safety component, communication (1.5min)

[https://www.youtube.com/watch?v=w6ylxWcwkUM](https://urldefense.proofpoint.com/v2/url?u=https-3A__www.youtube.com_watch-3Fv-3Dw6ylxWcwkUM&d=DwMFAg&c=VjzId-SM5S6aVB_cCGQ0d3uo9UfKByQ3sI6Audoy6dY&r=M4s46Dug4jxjcDJZzKmyiuHYETuJl51X-b7TMAWKMj4&m=Jx20mkTN0i4VMGXAgYYTlUBzREZ9T9g0aN2DpfulC4E&s=AB0eoZ6Ol5ZGTdgbjlBE7-3_5O8aB8eeFQnJgKGd_fA&e=)

My Body – animated child psychoed & abuse prevention (4min)

<https://www.youtube.com/watch?v=a-5mdt9YN6I>

I35 Bridge Collapse – News report describes TFCBT, in vivo exposure (3.5min)

<https://www.youtube.com/watch?v=ZOS2qZ78j0E>

Kung Fu Panda – rationale for exposure (4.5min)

<https://www.youtube.com/watch?v=RqjIkkwMlnw>

Rosie Remembers Mommy – Forever in Her Heart

<https://www.nctsn.org/resources/rosie-remembers-mommy-forever-her-heart>