

TFCBT Session Planning

Age: _____ Gender: _____ Trauma(s): _____

Session 1:

Goals:	
Activities:	
Caregiver/Combined:	
Exposure in Session:	

Session 2:

Goals:	
Activities:	
Caregiver/Combined:	
Exposure in Session:	

Session 3:

Goals:	
Activities:	
Caregiver/Combined:	

TFCBT Session Planning

Exposure in Session:	